



**Trinity Academy Eppleby Forcett and Middleton Tyas**  
*Proud to be Church of England Academies*

Head of School: Mrs D. McLean, NPQH  
Executive Headteacher: Mrs K. Williamson, AST NPQH MA

14.09.2020

Dear Parents and Carers,

**IMPORTANT - Coronavirus, Cold or Flu?**

Unfortunately, we are coming to that time of year when children are inevitably going to have colds and other bugs.

Please find attached a helpsheet from the NHS, which identifies the main symptoms of Coronavirus, Cold or Flu.

If you think your child is showing symptoms of Coronavirus, please DO NOT send them to school. Seek a test immediately by contacting the NHS See - [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test)

Please also remember that children who have sickness or diarrhea must stay at home and should not return to school until they have been clear of those symptoms for 48 hours.

Thank you so much for your support with these matters. If you have any queries or concerns, please do not hesitate to get in touch.

Do also remember that the Mental Health page on our website provides links to many useful resources and agencies who can support you all in these strange times. <http://www.trinityfmt.dalesmat.org/our-school/mental-health/>

Take care, stay safe and keep washing those hands!

Yours sincerely,

*KWilliamson*

Mrs K. Williamson,  
Executive Headteacher

W: [www.trinityfmt.dalesmat.org](http://www.trinityfmt.dalesmat.org) E: [efadmin@trinityfmt.dalesmat.org](mailto:efadmin@trinityfmt.dalesmat.org) T: 01325 718298  
Trinity Academy Eppleby Forcett | Eppleby | Richmond | North Yorkshire | DL11 7AY

W: [www.trinityfmt.dalesmat.org](http://www.trinityfmt.dalesmat.org) E: [mtadmin@trinityfmt.dalesmat.org](mailto:mtadmin@trinityfmt.dalesmat.org) T: 01325 377285  
Trinity Academy Middleton Tyas | Kneeton Lane | Middleton Tyas | North Yorkshire | Richmond | DL10 6SF

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