



School Newsletter

Trinity Academy Eppleby Forcett and Middleton Tyas
Proud to be Church of England Academies

Thursday 7th May 2020

Summer Term - Issue 3

A MESSAGE FROM MRS McLEAN



Dear Parents and Carers,

What a beautiful sunny week we have had to start the month of May. I hope you and your families are managing to stay safe and well. We enter the VE Day bank holiday under different circumstances than anyone would have hoped for, but I do hope you still manage to enjoy your weekend. Please upload any pictures of your VE Day weekend to our Facebook pages; it would be lovely to see how our community is celebrating this historic anniversary.

As a school community we are extremely aware of the effect the government's lock-down, and its subsequent school closures, will be having on the mental health of our pupils, families and staff. Our teachers continue to plan activities to support our children's mental health as part of their home-learning curriculum and below are some links to websites that can provide valuable support to our families during these unsettling time:

Young Minds (Children and young people's mental health charity): <https://youngminds.org.uk/>

North Yorkshire Healthy Child Team (Promoting and protecting the health and wellbeing of all children):
<https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-north-yorkshire/5-19-ny/>

GoNoodle (Provides a range of mindfulness, dance and movement videos): <https://family.gonoodle.com/channels/flow>

Mrs Williamson has also created a new section on our school website specifically designed to support our entire school community: <http://www.trinityefmt.dalesmat.org/our-school/mental-health/>

I hope you are accessing the home-learning via Dojo (Years 1-6) or Tapestry (EYFS) and finding the suggested activities useful. Please do message class teachers or myself if you require any further support.

Enjoy your weekend, stay safe and look after yourselves.

Kind regards,

Mrs D. McLean
Head of School

